

Transformational Chairwork for: Inner Conflict, Loss and Relationships with Dr Scott Kellogg

This one day workshop sold out in London, 2016. Dr Scott Kellogg will demonstrate the use of Transformational Chairwork to address the common clinical issues of:

- (1) Resolving Inner Conflicts;
- (2) Healing from Loss and Grief; and
- (3) Coping with Difficult Relationships

Drawing on the clinical wisdom and practices of a wide range of Gestalt and integrative psychotherapists, this One-Day Transformational Chairwork Training is designed to introduce therapists to the Art and Science of Chairwork, or psychotherapeutic dialogues, in an active, creative, and useful manner. Using clinical storytelling, role-plays, and live demonstrations, participants will learn how to use this technique to address these common clinical issues. Patients' resistance to participating in experiential work will be addressed and strategies to overcome this will be provided.

Previous delegates gave 92% satisfaction rating and said:

'Excellent balance of content, rationale and practise', 'Far exceeded my expectations', 'Inspiring & enriching day', 'Excellent content and an inspiring presenter.'



Dr. Kellogg is the author of *Transformational Chairwork: Using Psychotherapeutic Dialogues in Clinical Practice* (2014). He is a Clinical Assistant Professor in the Department of Psychology at New York University. He is the current President of the Division on Addictions of the New York State Psychological Association and a co-director of the Harm Reduction and Mental Health Project at New York University. An International Society of Schema Therapy - Certified Schema Therapist, he has also earned the Practitioner's Certificate in Gestalt Therapy from Gestalt Associates for Psychotherapy. Dr. Kellogg currently runs a Chairwork-centered private practice in New York City; he has created the Transformational Chairwork Training Program and has taught this psychotherapeutic dialogue method to practitioners around the world.

This workshop is suitable for all health professionals including clinical and counselling psychologists, doctors, nurses, counsellors, social workers, general and mental health nurses, CBT practitioners, coaches, and people working in mental health settings.

12th October 2017, 9.30 am – 4.40 pm
The Royal National Hotel,
38-51 Bedford Way, Bloomsbury,
London,
WC1H 0DG

Prices including lunch & refreshments
Until 13th Sept 2017 - £120 + VAT
From 14th Sept 2017 - £135 + VAT

For more information or to reserve a place visit:

www.stantonltd.co.uk or www.grayrock.co.uk

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